



# Antarctica Marathon Packages

12 to 25 March 2020 - 14 Days / 13 Nights



Cabin Type	Cabin Description	Runner	Supporter
MAIN DECK	Twin Cabin with shared facilities	AUD \$13,200	AUD \$12,832
PRIVATE CABIN	Twin Cabin with private facilities	AUD \$14,670	AUD \$14,303

NOTE: IF A SINGLE ROOM IS PREFERRED AT THE HOTEL IN BUENOS AIRES PLEASE ADD AN ADDITIONAL \$573 TO THE PACKAGE. SINGLE OCCUPANCY ON THE SHIP IS NOT POSSIBLE.

While exploring this most pristine corner of the planet, you will come face-to-face with Antarctic gems such as icebergs, penguins, seals and whales. Historians and scientists will provide lectures on board ship and wildlife excursions during landings in remote areas among seal colonies and penguin rookeries and at research bases.

The course on King George Island located off the tip of the Antarctic Peninsula has marked gravel roads that connect the scientific research bases of Uruguay, Chile, China and Russia. Great care is taken to leave behind zero impact on the environment in this sensitive ecosystem. You will experience a most challenging running experience as well as an experience of a lifetime.

## ANTARCTICA MARATHON ITINERARY

### Thursday 12 March

Flights arrive in Buenos Aires, Argentina and passengers transfer to the Alvear Icon Hotel, Buenos Aires. Most flights will arrive at the Ezeiza International Airport (EZE) and transfers are arranged for only those arriving at this airport between the hours of 8:00 am and 1:00 pm.

### Friday 13 March

Following breakfast, enjoy a half-day city tour, which will introduce you to the vibrant capital of Argentina. Enjoy the rest of the day exploring Buenos Aires and/or participate in a group light training run. Later today, we look forward to seeing you at the evening cocktail reception, followed by a welcome dinner and the important and mandatory race check-in/briefing at the Alvear Icon Hotel, Buenos Aires. *Breakfast and Dinner included.*

### Saturday 14 March

Enjoy today to explore more of Buenos Aires. *Breakfast included.*

### Sunday 15 March

Today, transfer to the airport for an early morning flight to Ushuaia in province of Tierra del Fuego, the world's southernmost city. In the afternoon you may have time to explore this interesting town. Be ready to board the ship at 4:00pm for departure to Antarctica. Welcome reception and briefing on shipboard safety. Evening film, Ice Birds. *Breakfast and Dinner included.*

### Monday 16 March & Tuesday 17 March

Days at sea crossing the Beagle Channel and Drake Passage on board the Vavilov. The open bridge policy invites everyone to get a bird's eye view of the navigational activity alongside the Captain and his crew. Videos and lectures will introduce visitors to the wildlife, climate and history of Antarctica. *Breakfast, Lunch and Dinner included.*

### Wednesday 18 March

Land Ho! We drop the race operations crew on King George for a day of race preparation. We will spend a couple of days cruising in and among the bays and channels of the Shetland Islands and Antarctic Peninsula. The ship's Zodiacs will carry us to shore wherever possible, weaving safely among the icebergs and floes to visit with seals and penguins. *Breakfast, Lunch and Dinner included.*

To book or for more information contact Travelling Fit... Your Marathon and Travel Specialists  
Phone 1300 728 296 | [www.travellingfit.com](http://www.travellingfit.com) | Email: [sales@travellingfit.com](mailto:sales@travellingfit.com)

Please Note: All prices are quoted in Australian dollars and are based on a per person basis.  
Prices are subject to change at any time without prior notice.

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Run the World.



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## Thursday 19 March

**Race Day!** The course has been prepared with flags and mileage markers. Hopefully, Mother Nature will be kind with the weather. The race will start about 9:00am and you should plan on a 6h30m time limit (weather permitting). After this major accomplishment, enjoy a post-race party and celebration this evening! *Breakfast, Lunch and Dinner included.*

## Friday 20 March

We head south toward the eastern side of the Peninsula, cruising among the fjords and islands. Weaving among the icebergs, our destination is Paradise Bay, one of the most beautiful places on Earth. A sunny afternoon will permit us to have a barbecue and race awards ceremony on the aft deck. The zodiacs will bring us to shore for a visit to the vacated Argentine base nestled at the base of a hill where visitors are welcome to climb to the peak for a bird's eye view of the area. *Breakfast, Lunch and Dinner included.*

## Saturday 21 March and Sunday 22 March

We will probably find ourselves in the fjords near the Lemaire Channel where humpbacks cruise for krill. Thursday afternoon we leave the "White Continent" to re-cross the Drake Passage. *Breakfast, Lunch and Dinner included.*

## Monday 23 March and Tuesday 24 March

We spend two days at sea on our return voyage hoping for calm seas to glory in the memory of accomplishing a life-changing experience. We first sight land at Cape Horn, Chile where we will approach our return port at Ushuaia. *Breakfast, Lunch and Dinner included.*

## Wednesday 25 March

This morning after breakfast, will find us in Ushuaia at about 8:00am when we disembark and check-in for our return flights to Buenos Aires and then onward to your international flights back home. *Breakfast included.*

## NOTE:

The Antarctica Marathon organisers reserve the right to change the itinerary due to flight schedule changes, weather or any other reason that it deems necessary for the safe and enjoyable execution of this trip. It may be necessary for some guests to overnight in Ushuaia on the return due to delays, flight availability or other reasons. In this case, the guest is responsible for the additional hotel cost.

## PACKAGE INCLUSIONS:

- Guaranteed Race Entry to the Marathon or Half Marathon (runners only)
- 3 nights' accommodation in Buenos Aires. (Alvear Icon Hotel)
- 10 nights on the Akademik Vavilov ship
- Arrival transfers in Buenos Aires on 12 March 2020
- Full breakfast each morning in Buenos Aires hotel
- Welcome Reception and Dinner in Buenos Aires
- Buenos Aires Half Day City Tour
- Return flights from Buenos Aires to Ushuaia
- Return Airport Transfers in Ushuaia
- Lecture Program on board the ship
- Zodiac and wildlife excursions
- Three meals daily on board the ship
- Personalised Travelling Fit "Australia" Running Top *Exclusive to Travelling Fit Clients*
- Invite to Travelling Fit Antarctica Marathon Closed Facebook Group *Exclusive to Travelling Fit Clients*
- Official Race Event T-shirt
- Representative services during the entire tour dates
- All hotel taxes

Note: Kayaking with whales is possible at US\$125 pp (subject to change)

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