



# Polar Circle Marathon Optional Excursions



## 8KM RUNNING COPENHAGEN SPECIAL TOUR – 21 OCT 2020

COST

\$70 AUD

We've arranged a specially crafted running tour for Polar Circle Marathon participants that you can book if you would like some sightseeing in Copenhagen and to stretch your legs before heading off to Greenland. The relatively short distances, the fantastic sights, and the vibe of the city makes it perfect for sightseeing whilst running.

The running tour departs will last for around 1.5hrs starting at 3:30pm from Rådhuspladsen (City Hall Square) and you will cover approx. 8kms. From the statue of world-famous storyteller H.C. Andersen we head to the main sights in Copenhagen including the Parliament, the Queen's castle and the Little Mermaid. The route has been planned with the beautiful scenery of Copenhagen in mind and we will be running along the canals and the harbor as well as some of Copenhagen's many parks. This tour is very informal and run only in smaller groups so there is plenty of time to ask questions. Pace: 5-6 minutes per kilometer.

## OPTIONAL EXCURSIONS IN KANGERLUSSUAQ

### NORTHERN LIGHTS TOUR



COST

\$79 AUD

DURATION

2 HOURS

DEPARTS

DAILY

Beginning our Northern Lights tour, we set off into the backcountry by bus, and find ourselves in total darkness beneath Kangerlussuaq's starry skies. Shades of green, red, blue and violet are likely. Colour variations are due to the type of gas particles that collide, as well as the altitude at which they collide. Oxygen molecules at lower altitudes of up to 24km produce the most common colour, a yellowy green; then deepen to shades of red above 241km high. Nitrogen produces blue hues at altitudes up to 96.5km and vivid purples above 96.5km. NB: Northern Lights tour is weather dependent, and a full refund will be given if the tour is cancelled. Tour runs 8pm to 10pm or later.

### TUNDRA SAFARI AND KANGERLUSSUAQ SIGHTSEEING TOUR



COST

\$123 AUD

DURATION

3.5 HOURS

DEPARTS

THU/SAT/SUN

Drive through the township of Kangerlussuaq, admire the raw beauty of the surrounding area, and meet authentic Greenlandic sled dogs. A former American Airforce base, Kangerlussuaq is now the main airport of Greenland. The guide will share exciting origin stories, of the base, talk about the Second World War and the Cold War and how the area developed into a modern international airport. The area around Kangerlussuaq has Greenland's longest road and we will use part of it to drive to the harbour to enjoy views of the beautiful fjord. We will also visit the Greenlandic sled dog kennels. With some luck you may spot a musk oxen during this 3.5 hour scenic drive.

### RUSSELL GLACIER



COST

\$158 AUD

DURATION

4 HOURS

DEPARTS

THU & SUN

Kangerlussuaq enjoys the unique pleasure of being the only place in Greenland where you can drive to the Ice Sheet. We will board a tundra coach - a special 4WD vehicle designed to handle ice, rocks, and uneven ground- and then drive partially off-road on the fascinating route to the magnificent Russell Glacier. The drive will take approximately 1.5 hours, and along the way we'll be on the lookout for wildlife such as reindeer and musk oxen. The glacier is an impressive sight, with vertical walls of ice that rise as high as 60 meters. We'll get close enough for some great photo and video opportunities before heading back to Kangerlussuaq.

To book or for more information contact Travelling Fit... Your Marathon and Travel Specialists  
Phone 02 4385 2455 or 1300 728 296 | [www.travellingfit.com](http://www.travellingfit.com) | Email: [sales@travellingfit.com](mailto:sales@travellingfit.com)

Please Note: All prices are quoted in Australian dollars and are based on a per person basis.  
Prices and itinerary are subject to change at any time without prior notice.

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