



Bagan Temple Marathon

Optional Extension Tours

Magical INLE Lake - 30 Nov to 03 Dec 2020



ACCOMMODATION

4 DAYS / 3 NTS

TWIN SHARE

\$ 920 AUD

SINGLE

\$1225 AUD

Named by many as a piece of heaven on Earth this wonderful watery world of floating markets and stilted villages is a unique opportunity to “float” away from everyday life.

Famous for their special leg rowing technique, the Intha people are one of several hill tribes living on and around Myanmar’s second largest lake. The beautiful floating gardens dot this vast lake and make for a meditative landscape to sail around. On shore crumbling stupas at the foot of the mountains enhances the dreamlike scenery and it is almost as if you are on a different planet. If the included guided tours aren’t enough, you can rent a canoe and paddle through the calm waters or take a bicycle and explore the lush countryside. Either way, Inle Lake is balm for the soul.



Itinerary Summary

Day 1 – 30 November: Heho and Inle Lake:

After breakfast and checkout, fly to Heho. En route to Nyaung Shwe, we visit the Shew Yan Pyae Monastery. Then we stroll through the local morning market before sailing to Inle Lake. Check in to our hotel.

Day 2 – 01 December: Inle Lake

Boat excursion to Phaung Daw Oo Pagoda and the floating gardens. Its calm waters are dotted with floating vegetation and fishing canoes.

Day 3 – 02 December: Inle Lake

Explore a 5-day rotating market (if your visit coincides with the schedule) Enjoy a boat excursion to 14-18th Century pagoda ruins of Nyaung Ohak.

Day 4 – 03 December: Departure

After breakfast, transfer to Nyaung Oo Airport depart for Yangon. Flight is approx 1hr 20min and arrival in Yangon is estimated around noon however this could change so best not to book your onward flight earlier than 15:00h.

Inclusions:

- 3 nights’ accommodation
- Domestic flights from Bagan to Heho
- Domestic flights from Nyaung Oo to Yangon
- Breakfast Daily
- Lunch Day 2 and Day 3
- Land Transportation as per itinerary
- Guided Inle Lake sightseeing
- English-speaking tour leader

To book or for more information contact Travelling Fit... Your Marathon and Travel Specialists
Phone 02 4385 2455 or 1300 728 296 | www.travellingfit.com | Email: sales@travellingfit.com

Please Note: All prices are quoted in Australian dollars and are based on a per person basis.
Prices and itinerary are subject to change at any time without prior notice.

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Bagan Temple Marathon

Optional Extension Tours

MOUNT VICTORIA AND CHIN VILLAGES - 30 NOV TO 03 DEC



BASIC ACCOMMODATION

4 DAYS / 3 NTS

TWIN SHARE

\$1151 AUD

SINGLE

\$1499 AUD

This extension includes a visit to the Nat Ma Taung National Park, rich in rare and beautiful fauna and flora, which earned it a status of Outstanding Universal Value by UNESCO.

Quiet and relaxing walks on the small town of Kanpetlet and surrounding villages, through small churches and homesteads, where the older local women of the Dai, Upu and Ya ethnic tribes sport intricate tattooed patterns on their faces... and a 3-hour hike up Mount Victoria's upper path, with an incredible sight once exiting the forest. Also known as Nat Ma Taung in Burmese, it is the highest mountain in the Chin State and third tallest in Myanmar, located at 3,053m above sea level.

Important Notes

A trip to Mount Victoria must be regarded as an adventure tour because of the prevailing travel conditions: substandard accommodation with infrequent electricity supply, roads in a challenging or poor condition. Itineraries may have to be changed on the spot because of weather, transportation problems, etc. It is essential that all guests visiting Mount Victoria are fully aware of travel conditions as described above.



ITINERARY SUMMARY

Day 1 – 30 November: Day 1 - On our way to Mindat

Today begins with a long drive from Bagan to Mindat with lunch. We briefly stop at Chin village. This day will be good for scenic photography and interacting with the local villagers, and will conclude with the arrival to Mindat, 4860 feet above sea level. Dinner will be provided at the hotel.

Day 2 – 01 December: Mindat Market - Chin Villages - Kanpetlet

After breakfast we head towards the Chin Village. Here we get to meet the locals, including some of the Chin women who still dress in their traditional attires. Lunch at a local restaurant and then leisure time to wander around Mindat before heading towards Kanpetlet, where we will spend the night at a simple hotel.

Day 3 – 02 December: The wonders of Mount Victoria

Visit churches and simple homesteads of Kanpetlet with a picnic lunch before heading to base camp for the summit to Mt. Victoria. After a 3hr hike, we head back down to our hotel in the picturesque old town of Kanpetlet.

Day 4 – 03 December: Kanpetlet - Bagan - Flight to Yangon

After breakfast we drive to Bagan. Upon arrival, guests will board domestic flight and fly to Yangon where the tour ends. We do not recommend booking an evening flight out of Yangon as domestic flights often get delayed.

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Bagan Temple Marathon

Optional Extensions

Ngapali Glorious Beach Escape - 30 Nov to 03 Dec



AMATA NGAPALI RESORT & SPA

4 DAYS / 3 NTS

TWIN SHARE

\$ 843 AUD

SINGLE

\$1299 AUD

Listen to the gentle waves lapping at the shores of the pristine, white beaches of Ngapali while you relax under the palm trees that line the huge expanse of sandy beach

Although it is a popular retreat for locals, Ngapali has retained its lazy, fishing town appeal for decades. Spend four glorious days basking in the sun and give your body a well-deserved break from the exertions of the marathon at the Amata Resort.

Rustic fishing settlements are scattered around the area, making Ngapali a perfect base for exploring other small towns and villages. Or why not go snorkelling and discover the underwater world off the shores of the beach.

Whatever your interests, Ngapali is the perfect destination for the end of your Myanmar journey.



Amata Ngapali Beach Resort

The 5-star resort is one of the most exclusive in all of Myanmar and it sits on the shoreline of the beautiful and unspoilt Ngapali beach.

Located near the delightful Mya Pyin village and with the mountain backdrop, the area is perfect not only for long, relaxing days at the beach, but also for those who wish to explore the high country and see how the locals really live.

Itinerary Summary

Day 1 – 30 November: Bagan to Ngapali:

After breakfast, we fly to Thandwe and drive to the village of Ngapali. Check in to our hotel and spend the rest of the day at your own leisure.

Day 2 & 3 – 01 & 02 December: Ngapali

Go for a stroll in the village and enjoy delicious local dishes, swim in the crystal clear water or have a nap under the swaying palms. Snorkel, swim or just laze on the beach. Just relax and enjoy the beautiful surroundings!

Day 4 – 03 December: Departure

After breakfast, transfer to the Airport for our flight to Yangon. Flight is approx 1hr 20min and arrival in Yangon is estimated around noon however this could change so best not to book your onward flight earlier than 15:00h.

Inclusions:

- 3 nights' accommodation
- Domestic flight from Bagan to Thandwe
- Domestic flight from Thandwe to Yangon
- Breakfast Daily
- Land transportation as per the itinerary

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