



Icefjord Midnight Marathon

5 Day / 4 Night Itinerary

03 June to 07 June 2021



STANDARD ROOM	5 DAYS / 4 NIGHTS	RUNNER	TWIN \$4541	SINGLE \$5198
		SUPPORTER	TWIN \$4036	SINGLE \$4693
BAY VIEW ROOM	5 DAYS / 4 NIGHTS	RUNNER	TWIN \$4842	SINGLE \$5799
		SUPPORTER	TWIN \$4337	SINGLE \$5296
DAY 1	03 JUNE	Travel from Copenhagen to Kangerlussuaq to Ilulissat. Walking tour of Ilulissat.		
DAY 2	04 JUNE	Sermermiut Hike, Icefjord Boating, Pasta Dinner and Race Briefing		
DAY 3	05 JUNE	Marathon and Half Marathon Race Night		
DAY 4	06 JUNE	Ilulissat Day - Optional Excursions & Celebration Dinner		
DAY 5	07 JUNE	Farewell Greenland		

Day 1 - 03 June: Copenhagen - Kangerlussuaq - Ilulissat: Town Walk

All participants will meet at Copenhagen Airport Terminal 2.

The flight to Greenland departs in the morning and Air Greenland does not cooperate with other airlines, meaning you must claim your luggage at Copenhagen Airport, clear customs, and check in again for the flight to Greenland. As check-in closes one hour before departure, we therefore strongly recommend that you do not book a same-day connection, but instead arrive in Copenhagen one or more days in advance.

A 4.5 hour flight will bring us to Kangerlussuaq, where we arrive in the morning at 11:25 local time (GMT -3 hours). We will receive a meal aboard the flight. Here, we will transfer to a domestic flight to Ilulissat. Due to the smaller size of domestic carriers and limited seat availability, the group will be divided into two flights.

All flights will have landed by late afternoon, and in Ilulissat we will check into our hotels. After we have settled in, you are invited to join us for a tour of Ilulissat. We will walk around town with a local guide who will explain the history and highlight places of cultural significance. The tour will begin at the historical Hotel Hvide Falk, and wind its way past the Zion Church, the local fish market, and the colourful houses on our way toward the harbor. Along the way, enjoy interesting stories on a variety of topics, such as the origin of Ilulissat, how the city has developed over the years, and the importance of its fishing culture. The walking tour is an excellent opportunity to get your first glimpse of the fascinating culture in Ilulissat, and your guide will be happy to answer any questions you might have.

In the evening, all participants will meet to enjoy a Greenlandic buffet. If you still have some energy left at the end of the day, you can join an evening kayak excursion among hundreds of icebergs.

Meals: Meal served on the plane, Dinner

Day 2 - 04 June: Sermermiut Hike, Icefjord Boating, Pasta Dinner and Race Briefing

This morning, after breakfast at your hotel, you can shake off the travel stiffness with a light hike through one of the region's most acclaimed areas. We will hike to the Sermermiut Valley, which has been designated a UNESCO World Heritage Site due to its exceptionally beautiful nature and unique importance to glaciological science.

The hike is a must-do activity in the region and will take us approx. 2 kilometres south of Ilulissat, beginning at the old heliport. From there, we enter the UNESCO-area on a wooden path toward the famous ruins of Sermermiut. Sermermiut is an ancient settlement that has been home to many different Inuit people for more than 4000 years. The stone ruins of old turf houses are scattered on various hilltops that we will be able to see as we walk.

To book or for more information contact Travelling Fit... Your Marathon and Travel Specialists
Phone 02 4385 2455 or 1300 728 296 | www.travellingfit.com | Email: sales@travellingfit.com

Please Note: All prices are quoted in Australian dollars and are based on a per person basis.
Prices and itinerary are subject to change at any time without prior notice.

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Day 2 – Continued

We continue through the old settlement to Nakkaavik, a cliff whose name means 'the place to fall.' You can ask your guide about the origin of this haunted name. From here, we are treated to a breathtaking view of the Kangia, the famous Ilulissat Icefjord with its many massive icebergs. While you explore the enchanting surroundings, your guide will prepare hot coffee and tea to keep you warm in the arctic wind. We will follow the same wooden path back to town.

In the afternoon and the evening, you have the chance to experience the Icefjord by boat. We will embark on a boat trip with experienced guides who will give us information as we wind our way through the icy giants. No matter the weather, the icebergs make an impressive sight - they shimmer and shine with the sun, while clouds highlight the extraordinary blue colours hidden in the ice. The experience is much more exciting in small boats, so we will be using two 12-participant boats. This means there will be four departure times for this trip: two before dinner and two after dinner.

In the evening, all participants will meet to enjoy a pasta dinner and get the race briefing. Please note that the race briefing will be your last chance to change distances. You can also ask race officials any questions you might have.

Tonight, you will also have the possibility to join an evening kayak excursion.

Meals: Breakfast and dinner

Day 3 - 05 June: Marathon and Half Marathon Race Night

It's nearly time! You have the morning and afternoon to sleep, explore, and prepare yourself for the night to come.

For those who would like to get a taste of the local culture, a limited number of guests can join a "Kaffemik" excursion at the home of a local Greenlandic couple.

The marathon begins at 21:00h, and the half-marathon will begin at 22:30h. Both events must be completed by 4:00h at the latest.

Meals: Breakfast

Day 4 - 06 June: Ilulissat Day - Optional Excursions & Celebration Dinner

Today is a justified relaxation and recovery day. Most of us will likely sleep the morning away. You may also use the day to explore on your own or join one of the optional excursions. On this day we will run a special hike & sail excursion to Oqaatsut, a tiny, authentic village 20 kilometres north of Ilulissat. Otherwise, we also offer a day trip to the immense Eqi Glacier.

In the evening, all participants will gather for the celebration dinner. Together, we will revel in the prior night's victory, share stories, and enjoy the race video.

Meals: Breakfast and dinner

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Day 5 - 07 June: Farewell Greenland

Sadly, it is time to say farewell to Ilulissat. We will fly first to Kangerlussuaq in the morning. Once in Kangerlussuaq, we will board a flight back to Copenhagen that will arrive around 21:30h. There will be a meal served aboard the flight.

You will need to book your flights home from Copenhagen, keeping in mind that you will need time to collect your bags and check in for your new flights, and thus we don't recommend booking flights within three hours of arrival. Given the late time of our arrival, we strongly recommend booking a night in a hotel in Copenhagen and flying out the next day. Travelling Fit will be happy to assist with flights and post accommodation and touring as required.

Meals: Breakfast and meal on the flight

Inclusions

- Guaranteed Race Entry (Runner's only)
- Return flights between Copenhagen and Kangerlussuaq
- Return domestic flights between Kangerlussuaq and Ilulissat
- 4 nights' accommodation in Ilulissat
- Meals as stated in the itinerary
- Icefjord by Boat Tour
- Guided City Walking Tour of Ilulissat
- Guided Sermermiut Hike
- Celebration Dinner and Farewell Dinner
- Personalised Travelling Fit Running Top *exclusive to Travelling Fit clients*
- Invite to Travelling Fit's Icefjord Midnight Marathon Closed Facebook Group *exclusive to Travelling Fit clients*

Exclusions

- Flights to/from Copenhagen
- Accommodation in Copenhagen
- Optional excursions/extension (refer separate flyer)
- Travel and health insurance
- Meals not stated in the itinerary
- Beverages
- Personal expenses
- Anything not mentioned under 'Inclusions'

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