



Icefjord Midnight Marathon



2021 Optional Day Excursions

RUNNING COPENHAGEN - 31 MAY AND 02 JUNE 2021

DURATION: 1 ½ HOURS STARTING 3.30 PM

PER PERSON

\$ 73 AUD



Put on your running shoes and experience the charm of Copenhagen with a local guide who will show you the city and its many sights.

We've arranged a specially crafted running tour for Icefjord Midnight Marathon participants to show you the sights of Copenhagen and to stretch your legs before heading off to Greenland. The relatively short distances, the fantastic sights, and the vibe of the city makes it perfect for sightseeing while running. From the statue of world-famous storyteller H.C. Andersen, we will head towards the main sights in Copenhagen including the Parliament, the Queen's castle and the Little Mermaid.



The route has been planned with the beautiful scenery of Copenhagen in mind and we will be running along the canals and the harbour as well as through some of Copenhagen's many parks. We keep our tours very informal and run only in smaller groups, so there is plenty of time to ask questions about the sights, places, or people that we pass, or any other questions that you may have during the tour.

The pace will be adjusted according to overall level of the participants, but you should expect between 5-6 minutes per kilometre. Total distance will be approximately 8kms.

KAFFEMIK & SLED DOGS - 05 JUNE 2021

DURATION: 2 HOURS STARTING 10.00 AM

PER PERSON

\$ 73 AUD



We'll begin our excursion at the home of Thrine, a local musher who will meet us outside next to her dogs. She will tell us about raising the pups, the expeditions she has been on, and mushing itself. We'll also be able to observe the dogs, but please remember that these are working animals and not pets - they are not meant for cuddling.

Then we head into Thrine's house for our kaffemik. The literal translation of 'Kaffemik' is 'via coffee,' and it has been the traditional way to celebrate everything from births to birthdays to first days of school – in other words, a celebration of life.

For this Kaffemik, Thrine will serve us the traditional coffee, tea, and various homemade cakes. She will explain all about the tradition, including how long it takes to prepare – sometimes, weeks!



Traditionally, the Kaffemik is an all-day affair at the home of the host. Friends, family, and acquaintances come and go throughout the day, often spending a relatively short time there. For our Kaffemik, we will linger a bit longer and have plenty of time to learn about Greenlandic traditions. This is the perfect opportunity to get a taste of Greenland's authentic culture and to ask a real local any questions you may have.

Places are limited so first come first served!

To book or for more information contact Travelling Fit.... Your Marathon and Travel Specialists
Phone 02 4385 2455 or 1300 728 296 | www.travellingfit.com | Email: sales@travellingfit.com

Please Note: All prices are quoted in Australian dollars and are based on a per person basis.
Prices and itinerary are subject to change at any time without prior notice.

TravellingFit
Run the World.



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2021 Optional Day Excursions

KAYAK AMONG THE ICEBERGS – 03 AND 04 JUN 2021. 07 JUNE ONLY ON THE 6 DAY PACKAGE

DURATION: 3 HOURS (2 HOURS PADDLING)

PER PERSON

\$ 300 AUD



This tour starts at 8.00pm. Ilulissat is known as the capital of icebergs, and you will see why as we paddle our way through the gigantic ice fjord just south of the city. You can smoothly slice your way through the water while keeping your eyes open for whales - 15 species regularly inhabit Greenlandic waters in the summertime!

Thanks to our certified kayak guides, modern equipment, and safety protocols, it is possible for you to paddle through this remarkable landscape. The tours are open to all levels, whether it's your first time in a kayak or not. We want everyone to be able to experience the magic of floating among the largest collection of icebergs in Greenland.

EQI GLACIER EXPRESS – 06 JUNE 2021

DURATION: 6 HOURS STARTING 10.00 AM

PER PERSON

\$ 564 AUD



Only a few places in Greenland are as beautiful as the Eqi Glacier, which ends in the fjord 80 kilometers north of Ilulissat. It is possible to get very close to the glacier and experience huge pieces of ice breaking off (called 'calving').

We will sail on modern boats north along the coast, passing Bredebugt, the settlement of Oqaatsut, and the big fjord system called Pakitsoq. We will pass through the Ataa Strait, which is surrounded by steep mountains and boasts waterfalls and a rich bird life.

Upon reaching Eqi, we will anchor at a safe distance and idle for approximately an hour in front of the glacier. A packed lunch is included.

HIKE & SAIL TO OQAATSUT SETTLEMENT - 06 JUNE 2021. 07 JUNE ONLY ON THE 6 DAY PACKAGE

DURATION: 7 HOURS STARTING 9.00 AM

PER PERSON

\$ 564 AUD



On this tour we will start by sailing to Bredebugt, and hike along a tranquil route on the leg between Ilulissat and Oqaatsut. This route is about 3 to 4 hours light hike from our drop-off point. Along the route we will see a few summer huts and streams of fresh water.

After arriving in Oqaatsut we will eat a refreshing lunch, before joining a short tour of Oqaatsut, a small authentic settlement with approx. 30 inhabitants. Our guide will translate, and teach you about the Greenlandic culture, history, and everyday life

On the boat trip back to Ilulissat there is plenty of scenery to enjoy such as the 70 million year old volcanic Disko Island to the west and the green mainland to the east.

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