



# Icefjord Midnight Marathon

## Optional Extension Tours

Icesheet, Musk Ox & Glaciers: 01 - 03 June 2021

ACCOMMODATION: POLAR LODGE

3 DAYS / 2 NTS



TWIN SHARE

\$ 818 AUD

SINGLE

\$ 962 AUD

Get a head start to your trip by walking in the footsteps of legendary Arctic explorers and getting the chance to encounter Greenland's gentle giants, the musk ox.

### Day 1: 01 June - Copenhagen - Kangerlussuaq - Tundra Safari

We will meet at Copenhagen airport where a 4.5 hour flight will take us to Kangerlussuaq. Upon arrival in Kangerlussuaq, everyone will check in at the Polar Lodge and have time to purchase lunch. We will then begin our arctic adventure with a tundra safari.

The trip takes place on one of our tough, off-road 4WD coaches, which are outfitted to accommodate transport in the Arctic's summer and winter terrain, and we will follow a route through the beautiful tundra landscape. With a bit of luck, we will observe musk oxen roaming freely in their natural habitat and learn about these incredible creatures. Musk oxen can be aggressive and charge without warning, so we are unable to confirm how closely we can observe their behaviour.

In the evening, we will head back to Kangerlussuaq for a well-deserved dinner at Roklubben.

Meals: Food on the flight and Dinner

### Day 2: 02 June - Ice Sheet and Russel Glacier

Today, we will continue our arctic exploration. We will board a bus that will drive into a stunning landscape of mountains, plains, and semi-desert valleys. The route winds along the beautiful valley of Sandflugtsdal and its equally impressive milky turquoise meltwater river.

Our destination is Point 660, where land meets ice. Kangerlussuaq offers the only road in Greenland that leads directly onto the ice, and here we will meet the Ice Sheet personally. We will have some time to explore the surrounding area by foot. We will also be given a sandwich lunch to eat whilst enjoying the views.

Please note: The surface of pathways and the ice can be slippery and uneven. You may therefore benefit from bringing hiking poles or wearing spikes/light crampons on your shoes.

After about an hour on the ice, we'll get back on the bus and drive to Russel Glacier, an imposing glacier whose walls rise up to 60 meters. We will stop at a viewpoint which offers excellent photo opportunities, and we'll enjoy a barbecue dinner here in view of the glacier, which creaks and groans as it advances.

Meals: Breakfast, Lunch and Dinner

### Day 3: 03 June - Kangerlussuaq - Ilulissat

Today we will make our way from Kangerlussuaq to Ilulissat for the Icefjord Midnight Marathon.

Meals: Breakfast

#### Inclusions:

- 2 nights' accommodation at the Polar Lodge
- Meals as stated in the itinerary
- Transportation to/from Point 660
- Safety gear (crampons and trekking poles)



To book or for more information contact Travelling Fit... Your Marathon and Travel Specialists  
Phone 02 4385 2455 or 1300 728 296 | [www.travellingfit.com](http://www.travellingfit.com) | Email: [sales@travellingfit.com](mailto:sales@travellingfit.com)

Please Note: All prices are quoted in Australian dollars and are based on a per person basis.  
Prices and itinerary are subject to change at any time without prior notice.

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Run the World.



# Icefjord Midnight Marathon

## Optional Extension Tours

Ice Camp: 01 - 03 June 2021

ACCOMMODATION: ICE CAMP & POLAR LODGE

3 DAYS / 2 NTS



TWIN SHARE

\$ 965 AUD

SINGLE

\$1499 AUD

**Legendary explorers have crossed the Greenland Ice Sheet, and you can follow in their footsteps. Spending a night in a tent and taking a hike across the vast ice is the perfect top-off to your Greenlandic adventure.**

### Day 1 - 1 June - Copenhagen - Kangerlussuaq – Ice Camp

We will meet at Copenhagen airport where a 4.5 hour flight will bring us to Kangerlussuaq in the early afternoon. Upon arrival, we will depart for the Ice Camp. With all-terrain vehicles, we will drive about an hour toward our destination at Point 660, on the edge of the ice cap. Here, an important briefing on safety and the coming activities will be announced.

Following our experienced guide, we will then venture onto the Greenland Ice Sheet, following in the footsteps of legendary explorers. We will hike a few kilometres to our destination, where our first priority is setting up camp. After our accommodation is in order, it is time to relax with a warm beverage and enjoy the total silence that the ice sheet imposes.

Dinner will be wholesome, simple, and warm, consisting of freeze-dried food that is easy to carry on such an expedition. In an environment where no other food sources are available, this humble meal will feel like even more of a gift.

Meals: Breakfast and Dinner

### Day 2 - 2 June: Ice Camp - Kangerlussuaq

Following a night spent snuggled in a warm sleeping bag and an energy-packed breakfast, we will head out on our hike. We will proceed with care over seemingly eternal fields of ice, following our guide and always being careful of any potential ice fissures. Throughout the duration of this expedition, we will maintain a safe distance from danger and plot a route across secure terrain. Crampons and trekking poles will provide each guest with extra stability. Ropes will not be used.

Please note: As a participant on this trip, we expect you are willing to pull a sled with your own/group equipment from the ice edge to the camp. This effort is considered by the majority of participants to be a fairly easy and natural task to perform but be aware it is expected.

Depending on weather conditions, we will either enjoy our packed lunch whilst hiking or back at base camp. As our adventure concludes, we will break camp, pack up our goods and leave only our footprints behind. We will then drive back to Kangerlussuaq to check into the Polar Lodge, where we will stay for the evening. Dinner will be at Roklubben.

Meals: Breakfast, Lunch, and Dinner

### Day 3 - 3 June - Kangerlussuaq - Ilulissat

Today we will make our way from Kangerlussuaq to Ilulissat, for the Icefjord Midnight Marathon.

Meals: Breakfast

#### Inclusions:

- 1 night accommodation at the Ice Camp
- 1 night accommodation in Kangerlussuaq
- Meals as stated in the itinerary
- Transportation to/from Point 660
- Guided Ice Cap hike
- Safety gear (crampons and trekking poles)
- Camping gear including a warm sleeping bag



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