



Icefjord Midnight Marathon

6 Day / 5 Night Itinerary

01 June to 06 June 2023



STANDARD ROOM	6 DAYS / 5 NIGHTS	RUNNER	TWIN \$4724	SINGLE \$5441
		SUPPORTER	TWIN \$4276	SINGLE \$4993
BAY VIEW ROOM	6 DAYS / 5 NIGHTS	RUNNER	TWIN \$4952	SINGLE \$5893
		SUPPORTER	TWIN \$4499	SINGLE \$5445

DAY 1	01 JUNE	Travel from Copenhagen to Kangerlussuaq to Ilulissat. Walking tour of Ilulissat.
DAY 2	02 JUNE	Sermermiut Hike, Icefjord Boating, Pasta Dinner and Race Briefing
DAY 3	03 JUNE	Marathon and Half Marathon Night Race
DAY 4	04 JUNE	Ilulissat Day - Optional Excursions & Celebration Dinner
DAY 5	05 JUNE	Ilulissat Day - Optional Excursions
DAY 6	06 JUNE	Farewell Greenland

Day 1 - 01 June: Copenhagen - Kangerlussuaq - Ilulissat: Town Walk

All participants will meet at Copenhagen Airport Terminal 2. The flight to Greenland departs in the morning and Air Greenland does not cooperate with other airlines, meaning you must claim your luggage at Copenhagen Airport, clear customs, and check in again for the flight to Greenland. As check-in closes one hour before departure, we therefore strongly recommend that you do not book a same-day connection, but instead arrive in Copenhagen one or more days in advance.

The flight to Kangerlussuaq is 4.5 hours, arriving in the morning at 11:25 local time (GMT -3 hours). A meal will be served during the flight. Here, you will be transferred to a domestic flight to Ilulissat. Due to the smaller size of domestic carriers and limited seat availability, the group will be divided into two flights.

All flights will have landed by late afternoon, and in Ilulissat you will check into your hotel. After settling in, you are invited to join a walking tour of Ilulissat. A local guide will explain the history and highlight places of cultural significance. The tour will begin at the historical Hotel Hvide Falk, and wind its way past the Zion Church, the local fish market, and the colourful houses on our way toward the harbor. Along the way, enjoy interesting stories on a variety of topics, such as the origin of Ilulissat, how the city has developed over the years, and the importance of its fishing culture. This tour is an excellent opportunity to get your first glimpse of the fascinating culture in Ilulissat, and your guide will be happy to answer any questions you might have.

In the evening, all participants will meet to enjoy a Greenlandic buffet and if you still have some energy left after dinner, you can join an evening kayak excursion among hundreds of icebergs.

Meals: Meal served on the plane, Dinner

Day 2 - 02 June: Sermermiut Hike, Icefjord Boating, Pasta Dinner and Race Briefing

This morning, after breakfast at your hotel, you can shake off the travel stiffness with a light hike through one of the region's most acclaimed areas. You will hike to the Sermermiut Valley, which has been designated a UNESCO World Heritage Site due to its exceptionally beautiful nature and unique importance to glaciological science.

The hike is a must-do activity in the region and will take you approx. 2 kilometres south of Ilulissat, beginning at the old heliport. From there, you enter the UNESCO-area on a wooden path toward the famous ruins of Sermermiut. Sermermiut is an ancient settlement that has been home to many different Inuit people for more than 4000 years. The stone ruins of old turf houses are scattered on various hilltops that will be seen whilst walking.

The hike continues through the old settlement to Nakkaavik, a cliff whose name means 'the place to fall.' You can ask your guide about the origin of this haunted name. From here, you are treated to a breathtaking view of the Kangerlussuaq, the famous Ilulissat Icefjord with its many massive icebergs.

To book or for more information contact Travelling Fit... Your Marathon Travel Specialists
Phone 02 4385 2455 | www.travellingfit.com | Email: sales@travellingfit.com

Please Note: All prices are quoted in Australian dollars and are based on a per person basis.
Prices and itinerary are subject to change at any time without prior notice.

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Run the World.



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STANDARD ROOM

6 DAYS / 5 NIGHTS

RUNNER

TWIN \$4713

SINGLE \$5521

SUPPORTER

TWIN \$4208

SINGLE \$5016

BAY VIEW ROOM

6 DAYS / 5 NIGHTS

RUNNER

TWIN \$5056

SINGLE \$6268

SUPPORTER

TWIN \$4551

SINGLE \$5763

Day 2 – Continued

While you explore the enchanting surroundings, your guide will prepare hot coffee and tea to keep you warm in the arctic wind. The same wooden path will be followed back to town.

In the afternoon and the evening, you have the chance to experience the Icefjord by boat where you will embark on a boat trip with experienced guides who will provide information as the boats winds its way through the icy giants. No matter the weather, the icebergs make an impressive sight - they shimmer and shine with the sun, while clouds highlight the extraordinary blue colours hidden in the ice. The experience is much more exciting in small boats, so a two 12-participant boat will be used. This means there will be four departure times for this trip: two before dinner and two after dinner.

In the evening, all participants will meet to enjoy a pasta dinner and get the race briefing. Please note that the race briefing will be your last chance to change distances. You can also ask race officials any questions you might have. Tonight, you will also have the possibility to join an evening kayak excursion.

Meals: Breakfast and dinner

Day 3 - 03 June: Marathon and Half Marathon Night Race

It's nearly time! You have the morning and afternoon to sleep, explore, and prepare yourself for the night to come. For those who would like to get a taste of the local culture, a limited number of guests can join a "Kaffemik" excursion at the home of a local Greenlandic couple.

The marathon begins at 9.00pm, and the half-marathon at 10.30pm. Both events must be completed by 4:00am.

Meals: Breakfast

Day 4 - 04 June: Ilulissat Day - Optional Excursions & Celebration Dinner

Most competitors will likely sleep the morning away. You may also use the day to explore on your own or join one of the optional excursions. On this day you have the option to go on a special hike & sail excursion to Oqaatsut, a tiny, authentic village 20 kilometres north of Ilulissat. Otherwise, a day trip is also offered to the immense Eqi Glacier.

In the evening, all participants will gather for the celebration dinner and revel in the prior night's victory, share stories, and enjoy the race video.

Meals: Breakfast and dinner

Day 5 - 05 June: Ilulissat Day - Optional Excursions

There is one final day to enjoy the charm of Ilulissat and its surroundings or your own or if you have not been kayaking yet, it is highly recommended! There is also an optional excursion to hike and sail to Oqaatsut settlement.

Meals: Breakfast

Day 6 - 06 June: Farewell Greenland

Sadly, it is time to say farewell to Ilulissat and catch the flight to Kangerlussuaq in the morning. Once in Kangerlussuaq, you will board a flight back to Copenhagen that will arrive around 9.30pm.

You will need to book your flights home from Copenhagen. Given the late time of arrival, it is strongly recommend booking a night in a hotel in Copenhagen and flying out the next day. Travelling Fit will be happy to assist with booking additional accommodation for you in Copenhagen.

Meals: Breakfast and meal on the flight

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