



Icefjord Midnight Marathon



2023 Optional Day Excursions

RUNNING COPENHAGEN - 31 MAY 2023

DURATION: 1 ½ HOURS STARTING 3.30 PM

PER PERSON

\$ 65 AUD



Put on your running shoes and experience the charm of Copenhagen with a local guide who will show you the city and its many sights.

A specially crafted running tour has been arranged for Icefjord Midnight Marathon participants to show you the sights of Copenhagen and to stretch your legs before heading off to Greenland. The relatively short distances, the fantastic sights, and the vibe of the city makes it perfect for sightseeing while running. From the statue of world-famous storyteller H.C. Andersen, the group will head towards the main sights in Copenhagen including the Parliament, the Queen's castle and the Little Mermaid.

The route has been planned with the beautiful scenery of Copenhagen in mind and you will be running along the canals and the harbour as well as through some of Copenhagen's many parks. This running tour is very informal with small groups, so there is plenty of time to ask questions about the sights, places, or people that you pass, or any other questions that you may have during the tour.

The pace will be adjusted according to overall level of the participants, but you should expect between 5-6 minutes per kilometre. Total distance will be approximately 8kms.



KAYAK AMONG THE ICEBERGS – 01, 02, 03, 04, & 05 JUN 2023

DURATION: 3 HOURS (2 HOURS PADDLING)

PER PERSON

\$ 274 AUD



Ilulissat is known as the capital of icebergs, and you will see why as you paddle your way through the gigantic ice fjord just south of the city. You can smoothly slice your way through the water while keeping your eyes open for whales - 15 species regularly inhabit Greenlandic waters in the summertime!

There will be morning guided kayak groups on several days. In the evenings, you can experience the serenity of the landscape as you calmly paddle your way among the "floating mountains under the extraordinary midnight sun.

Whether it is sunny or cloudy, the icebergs offer beautiful reflections – the sun will emphasize their sparkle, while clouds evoke the deep blue colour of the ice. Your guide will provide information on the ice sheet and its glaciers, as well as the story of the original kayak that was made from sealskin and wood and will answer any other questions you may have.

Thanks to our certified kayak guides, modern equipment, and safety protocols, it is possible for you to paddle through this remarkable landscape. The tours are open to all levels, whether you are a master paddler or it's your first time in a kayak. A comfortable and safe experience is a priority.



To book or for more information contact Travelling Fit... Your Marathon Travel Specialists
Phone 02 4385 2455 | www.travellingfit.com | Email: sales@travellingfit.com

Please Note: All prices are quoted in Australian dollars and are based on a per person basis.
Prices and itinerary are subject to change at any time without prior notice.

TravellingFit
Run the World.



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MEET THE SLED DOGS - 03 JUNE 2023

DURATION: 1.5 HOURS STARTING 10.00 AM

PER PERSON

\$ 81 AUD



The excursion will begin at the home of Thrine, a local musher who will meet the group outside next to his dogs. He will talk about raising the pups, the expeditions he has been on, and mushing itself. You will also be able to observe the dogs, but please remember that these are working animals and not pets - they are not meant for cuddling.

Please note that only 12 people can join each group in this excursion at one time so first come first served!

EQI GLACIER EXPRESS – 04 & 05 JUNE 2023

DURATION: 6 HOURS STARTING 10.00 AM

PER PERSON

\$ 499 - \$ 556 AUD



Only a few places in Greenland are as beautiful as the Egi Glacier, which ends in the fjord 80kms north of Ilulissat. By boat, it is possible to get very close to the glacier and experience huge pieces of ice breaking off (called 'calving'). The sounds are enormous and the sight of icebergs crashing into the water is breathtaking.

The route heads north along the coast, passing Bredebugt, the settlement of Oqaatsut, and the big fjord system called Pakitsoq, where whales and seals are often seen. Further along you will pass through the Ataa Strait, surrounded by steep mountains and boasts waterfalls and a rich bird life. Upon reaching Egi, the boat anchors for about an hour in front of the glacier. Whilst waiting for the ice to calve, you can dig into your packed lunch.

SAIL TO OQAATSUT SETTLEMENT – 04 & 05 JUN 2023

DURATION: 7 HOURS STARTING 11.00 AM

PER PERSON

\$ 403 AUD



The tour starts by boat from Ilulissat to Oqaatsut; a 30-minute boat tour sailing among the gigantic icebergs from the Ilulissat Icefjord on their path north of Ilulissat. On arrival in Oqaatsut, the guide will take you on a tour of the settlement where you will see the school, church, and fish factory of Oqaatsut. The guide will tell you all about living in a small settlement-community and the history of Oqaatsut. The settlement tour ends at Restaurant H8 Explorer where lunch will be served made from local ingredients. You will then have time to explore the area for an hour or two before the boat sails back to Ilulissat.

Afterwards the boat which will take you back to Ilulissat. On the route back there is plenty of scenery to enjoy. The 70 million year old volcanic Disko Island to the west and the green mainland to the east.

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